

October 2026 KSI Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Shepherd's Pie Mashed potatoes, ground beef, mixed vegetables, gravy Served with cornbread Applesauce cup White milk or chocolate milk	2 House Salad Topped with Chicken Salad Tomatoes and cucumbers, served with your choice of dressing and a WG roll Fruit cup White milk or chocolate milk
5 Soup & Sandwich Turkey and cheese sandwich served with potato corn chowder Mixed fruit Your choice of white milk or chocolate milk	6 Chicken Quesadilla WG flour tortilla with chicken, salsa, sour cream, shredded cheese, tortilla chips, street corn, and peaches Your choice of white milk or chocolate milk	7 BBQ Pulled Pork Sandwich Pulled pork with BBQ sauce on a sandwich roll with coleslaw Applesauce Your choice of milk or chocolate milk	8 BBQ Grilled Chicken Breast Served with Bush's baked beans and cornbread Seasoned potato salad Mixed fruit Your choice of white milk or chocolate milk	9 Breakfast for Lunch Maple pancakes served with scrambled eggs, turkey sausage links, and no-sugar syrup 100% orange juice or your choice of white milk or chocolate milk
12 Popcorn Chicken Served with potato salad Honey mustard or ketchup Diced peaches Your choice of white milk or chocolate milk	13 Krispy Chicken Sandwich Served on a WG roll with seasoned French fries Mixed fruit Your choice of white milk or chocolate milk	14 Grilled Cheese & Tomato Soup Served with sliced apples and crackers 100% orange juice or your choice of white milk or chocolate milk	15 Rice Bowl Rice, shrimp fried vegetable rice Egg roll and sweet & sour sauce Diced pineapple Your choice of white milk or chocolate milk	16 PIZZA FRIDAY Pepperoni pizza served with a house salad and your choice of dressing Fruit cup Your choice of white milk or chocolate milk
19 Cheese Ravioli With marinara sauce, mozzarella cheese, butter garlic roll, and green beans Diced pears Your choice of white milk or chocolate milk	20 Bacon Cheeseburger Served on a WG roll with lettuce & tomato, ketchup or mayonnaise, and French fries Tropical fruit Your choice of white milk or chocolate milk	21 WG Chicken & Waffle Potato wedges, ketchup, mayonnaise, and no-sugar syrup Diced pears Your choice of white milk or chocolate milk	22 Beef Lasagna Pasta sauce, lasagna noodles, ricotta cheese, mozzarella cheese, ground beef, Parmesan cheese, mixed vegetables, and garlic bread Applesauce Your choice of white milk or chocolate milk	23 NFL FRIDAY Philly chicken cheesesteak with Cooper Sharp cheese on a WG sub roll with fried onions, ketchup, mayo, and SunChips Eagles football cupcakes Your choice of white milk or chocolate milk
26 Chicken Caesar Salad Sliced grilled chicken served with Parmesan cheese, romaine lettuce, butter garlic croutons, and a dinner roll Diced pears & your choice of white milk or chocolate milk	27 Taco Tuesday Soft taco and cheese rolled in a WB tortilla wrap with Mexican corn, salsa, sour cream & cinnamon churros Your choice of white milk or chocolate milk	28 Chicken & Vegetable Rice Chicken tenders Vegetable rice, peas & carrots Cinnamon applesauce Your choice of white milk or chocolate milk	29 Turkey BLT Wrap WG tortilla wrap, cheese, tomato, shredded lettuce, turkey, mayo, and SunChips Diced peaches Your choice of white milk or chocolate milk	30 HALLOWEEN Mummy Corn Dogs Served with creepy French fries, mustard, ketchup, and coleslaw Trick-or-treat cupcakes Your choice of white milk or chocolate milk

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