

August 2022 Lunch* Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken & Broccoli w/Brown Rice, Peas, Milk	2 Turkey & Cheese w/Lettuce & Tomato on Whole Grain Bread, French Fries, Milk	3 Whole Grain Spaghetti w/Sauce, Tossed Salad of Lettuce/Tomato w/Dressing, Mixed Fruit, Milk	4 Ham & Cheese Sandwich on Whole Grain Bread, Cole Slaw, Peaches, Milk	5 Meat Loaf w/Gravy, Mashed Potatoes, Mixed Fruit, Milk
8 Extra Cheese Pizza on Whole Grain Crust, Tossed Salad of Lettuce & Tomato w/Dressing, Milk	9 Grilled Cheese on Whole Grain Bread, Tomato Soup, Pears, Milk	10 BBQ Chicken, Whole Grain Mac & Cheese, Green Beans, Peaches, Milk	11 Grilled Chicken Sandwich, Potato Salad, Mixed Fruit, Milk	12 Salisbury Steak, Potatoes, Broccoli, Mixed Fruit, Milk
15 Baked Chicken w/Gravy, Baked Potato, Peas & Carrots, Whole Wheat Bread, Milk	16 Chicken Caesar w/Whole Grain Wrap, Tomato, Cucumber Salad, Milk	17 Meatball Sub w/Cheddar on Whole Grain Roll, French Fries, Pineapple, Milk	18 Burger w/Cheese on Whole Wheat Roll, Tater Tots, Mixed Fruit, Milk	19 Chicken Parmesan, Roasted Potatoes, Zucchini & Squash, Orange, Milk
22 Baked Ziti, Broccoli, Pears, Milk	23 Oven Baked Fried Chicken, Candied Yams, Green Beans, Peaches, Milk	24 Open Faced Pork Sandwich on Whole Grain Bread, Baked Beans, Coleslaw, Milk	25 Sheppard's Pie w/Beef, Mash Potatoes, Peas & Onions, Pineapple, Milk	26 Bologna Sandwich on Whole Wheat Bread, Macaroni Salad, Green Beans, Mixed Fruit, Milk
29 Chicken & Broccoli w/Whole Grain Pasta, Orange, Milk	30 Ham & Cheese Sandwich on Whole Grain Bread, Lettuce & Tomato, Macaroni Salad, Beets, Milk	31 Open Faced Turkey, Whole Grain Stuffing, Cabbage, Cranberry Sauce, Milk		

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***Due to supply line issues and product shortages, planned menu items may change without advance notice.**