

September 2020 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pizza on Whole Wheat Crust, Tossed Salad, Mixed Fruit, Milk	2 BBQ Chicken on Whole Wheat Bun, Baked Beans, Applesauce, Milk	3 Tuna Salad on Whole Wheat Wrap, Lettuce & Tomato, Three Bean Salad, Milk	4 Chicken Caesar Salad, Mixed Fruit, Whole Wheat Bun, Milk
7 KSI Holiday	8 Grilled Cheese on Wheat, Tomato Soup, Broccoli, Milk	9 Meatball Sub on Wheat Roll, French Fries, Oranges, Milk	10 Chicken Tacos on Whole Wheat Tortilla, Tomato, Lettuce, Cheese, Refried Beans, Pears, Milk	11 Turkey & Cheese on Wheat, Potato Salad, Mixed Fruit, Milk
14 Chicken Filet on Wheat Bun, Tomato & Lettuce, Potato Wedges, Milk	15 Whole Wheat Spaghetti & Meatballs, Italian Green Beans, Mixed Fruit, Milk	16 Shredded BBQ Chicken w/Cheese on Baked Potato, Tossed Salad, Wheat Roll, Milk	17 Cheeseburger on Wheat Roll, French Fries, Apple, Milk	18 Chicken & Dumplings, Peas, Carrots, Wheat Roll, Milk
21 Hot Chicken Sandwich on Wheat w/Gravy, Mashed Potatoes, Broccoli, Milk	22 Chili w/Beans, Ground Beef, Tomatoes, Onions & Peppers, Pears, Cornbread, Milk	23 Chicken Salad on Wheat Roll, Tomato & Lettuce, Mixed Fruit, Milk	24 Macaroni & Cheese w/Ham, Lima Beans, Stewed Tomatoes, Milk	25 Italian Chicken over Orzo w/Spinach & Carrots, Milk
28 Meatballs & Gravy over Brown Rice, Green Beans, Pineapple, Milk	29 Cold Cut Sandwich on Wheat, Chicken Vegetable Soup, Oranges, Milk	30 Baked Chicken, Stuffing, Mashed Potatoes, Gravy, Mixed Vegetables, Milk		

KSI is an equal opportunity provider.